Run The Numbers & Save

If you were to save 10-15% of your gross income each month, how much would that amount to?	\$
How much are you actually saving?	\$
If a good emergency fund is about 3-6 months'-worth of core expenses, how much do you need?	\$
How much do you actually have in case of emergency?	\$
What goals do you have which would require setting up a savings account?	
Emergency fund:	\$
Car down payment:	\$
Travel:	\$
Other major purchases:	\$
What can you cut, reduce or live without to save more if you need to? List as many as possible.	\$